



Allow the **Spirit**
to fill you.

Commit yourself to a covenant discipleship group.

It is not easy being a disciple of Jesus Christ. It takes hard work, discipline, and an intentional effort to link with Christ's Spirit. Your spiritual journey will be enriched as you commit yourself to a covenant discipleship group, where mutual support and faithful discipleship are shared.

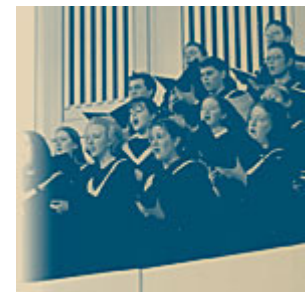
A covenant discipleship group consists of six to eight people who meet regularly to support one another in deepening their discipleship through a covenant (sacred agreement) made with God and each other. They join with the Holy Spirit and support each other's journey to discover their spiritual identity as God's beloved and their unique missions as disciples of Jesus Christ. A covenant discipleship group may function as your support community, in which you are formed into wholeness and holiness through spiritual practices, scripture reflection, and worship, and then equipped and sent in mission to bring peace, justice, compassion, and healing to a troubled world.

Take time to prayerfully prepare to commit to a covenant discipleship group. Study what it means to be in covenant, to be a disciple, to be spiritually transformed.

"Claim your unique and sacred place within the circle of those who call upon the name of Jesus Christ." --Doctrine and Covenants 161:1b

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Prepare for and experience vibrant worship.



People of old heard the voice of God speaking to them in worship because they prepared for and expected to hear God's message in the Word, in song, and in the touch of a person. With all the distractions of life, do you forget to prepare for congregational worship through such inner spiritual disciplines as prayer, study, and meditation? Or do you come to worship with a sense of joy and anticipation, thanking God for the times during the past week when you recognized the Spirit's presence in your life?

You will experience vibrant worship as you prepare for and approach worship with an open mind and a fresh spirit. As you fully engage yourself in thoughtful, prayerful, and carefully planned worship, you will be blessed by the Holy Spirit. As you probe the scriptures, you will experience the hope and freedom of the gospel, especially as it is expressed in the life of Jesus Christ. This worship experience will then equip you to go forth to help build the peaceable kingdom, Zion.

"O come, let us sing unto the Lord; let us make a joyful noise to the rock of our salvation. Let us come before his presence with thanksgiving, and make a joyful noise unto him with psalms. For the Lord is a great God, and a great King above all gods." --Psalm 95:1-2 Inspired Version